

## **Experience The Magical State Of Hypnosis And Anxiety Relief On World Hypnotism Day**

*Edmonton, November-26-2016 Wellness Hypnotherapy Clinic Inc., in Edmonton, is hosting a FREE hypnosis seminar on January 14th, 2017 to showcase how an individual can harness the power of their own mind to heal their physical and mental ailments. The event is one of many taking place around the globe as part of the 13th World Hypnotism Day.*

EDMONTON, Canada, November 26, 2016 --([PR.com](#))-- During this seminar, Padman Pillai, M.Sc., A.R.I.C, C.C.H., one of Edmonton's leading Consulting Hypnotherapists, and director of Wellness Hypnotherapy Clinic Inc., will highlight his skills by doing a free GROUP HYPNOSIS SESSION for those who are suffering from chronic stress and anxiety. He swears that "No attendee will bark like a DOG during the seminar". Using self-hypnosis techniques Padman has overcome his own chronic lower back pain and severe scoliosis.

Currently a large percentage of Albertans suffer from chronic stress and anxiety, mainly due to economic down turn, causing stress on both the individuals and the health care system. Padman says, "Life doesn't have to be an unconscious reaction to the chance encounters of your everyday life. There is a safe and proven solution to escape the Anxiety and struggle of an inauthentic life".

Place: Stencil Hall, Taylor college, 11525-23 ave, Edmonton, AB. T6J 4T3

Date & Time: Jan-14th, 2017. From 4.00 p.m to 7.00 p.m

Registration: Due to limited space for this FREE event, registration is recommended at 780-434-2232

About Wellness Hypnotherapy Clinic In Edmonton.

Bringing Edmonton more than just hypnotherapy and healing

At its conception, hypnosis was largely dismissed by the scientific community. Studies have since proven that it is not only effective at improving mood and behavior but also with complimenting treatments for various mental health disorders and as well several physical ones. In the Edmonton based, Wellness Hypnotherapy clinic, Padman Pillai helps clients for a plethora of reasons; some of the clinic's clients need pain relief and others are simply seeking a feeling of well-being, anxiety relief, phobia relief, sexual dysfunction, success etc.

Padman Pillai is a Certified Consulting Hypnotherapist practicing at Edmonton based Wellness Hypnotherapy Clinic.

After being registered as a Certified Hypnotherapist he decided to open the Wellness Hypnotherapy Clinic Inc. to serve the Edmonton area. Padman's calling has led him to assist clients with achieving physical, mental and emotional wellbeing through transformational therapies.

Padman Pillai believes that Hypnotherapists are not just therapists but coaches, healers, and teachers, each role as vital as the one preceding it. His mission is to provide his clients with honest, enthusiastic, caring and compassionate service in the safest, most productive atmosphere he can provide.

Contact:

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[www.hypnotherapytraining.ca](http://www.hypnotherapytraining.ca)

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